

### Welcome!

Thank you for volunteering and dedicating your time to a youth soccer team. This handbook has been designed as an 'on-boarding' package for new volunteers to support you with the admin side of the game to help get you organized and on your way to a successful season.

Click on any of the boxes (right) to advance directly to that section.

#### Who is CMSA?

Calgary Minor Soccer Association (CMSA) is the governing body of youth soccer in Calgary responsible for scheduling league games, hosting post-season play and tournaments, providing coach education and resources, offering referee mentorship and support, and working with our stakeholders to grow soccer in Calgary.

If you have any questions this season, we are here to help! Please reach out to the CMSA office:

403-279-8686 info@calgaryminorsoccer.com www.calgaryminorsoccer.com













### **Getting Started**

To be an eligible Team Official (Coach, Assistant Coach or Team Manager), please ensure you have successfully completed each of the steps below. Once you have completed step 5, please see the Coaching Requirements on page 6.

Step 1

### Register with a soccer club

You can register with any club in Calgary. CMSA recommends you find a club with programs close to home.

Once your club has confirmed your registration, proceed to step 2.

**CLICK HERE** 

Step 2

### Set up your profile

All participants have their own profile ('Household account').

Through your profile, you can view all teams you are a part of, update relevant information such as your email address and upload your photo for step 5.

**CLICK HERE** 

Step 3

#### **Apply for ePIC**

All team officials on a roster MUST have an ePIC (electronic Police Information Check) with a vulnerable sector search completed.

This can be obtained through Calgary Police Service or outside of the city through the RCMP.

**CLICK HERE** 

Step 4

# Complete required coach training

All coaches must complete the required training. Refer to the table on page 6 for the Coaching Standards.

This is mandatory for all coaches.

**CLICK HERE** 

Step 5

### Get your CMSA ID Card

Required for team officials on U10 – U19 teams, ID cards are valid for 3 years. You can obtain your ID card by visiting the CMSA office during regular office hours or by appointment on select evenings and weekends.

**CLICK HERE** 

### **Team Officials Code of Conduct**

- Follow the fair play philosophy that emphasizes the concept of equal participation for equal commitment, respect both the rules and the spirit of the game.
- Respect the opposition players and coaches and actively encourage their players to do the same.
- Remember that players need a coach they can respect. Be generous and praise, lead by example and provide all feedback in a constructive, positive manner.
  - Respect the referees and refrain from criticism of their efforts and rulings. Report any Referee abuse through Referee Abuse Form.
- Following the CMSA Anti-Discrimination Policy, refrain from discrimination and treat all participants with respect and dignity and appreciate that every individual is unique.
- Emphasize the importance of active participation and doing ones best over the importance of winning or losing and focus on the quality of the experience, not just the outcome.

- Promote positive teammate interaction and intervene where negative behaviours are demonstrated.
- Show zero tolerance for profanity, violent behaviour, bullying and abuse of any kind.
- Communicate openly and clearly with parents and players to ensure all expectations and feedback are understood.
- Be receptive to ideas and suggestions from players and parents in developing goals and programs for the team.
- Protect the safety of all players, referees, spectators, and participants, and create a soccer environment where safe play is valued.
- Respect fair play and protect the competitive integrity of all levels of youth and minor soccer.

# Quick Links to Important League Documents and Forms

Quick access to important league documents and forms can be found by clicking on any of the boxes below. These documents can also be found at www.calgaryminorsoccer.com under the 'League' tab and 'Coach/Manager' tab.



CMSA Rules and Regulations



CMSA Program
Calendar



Game Rescheduling Procedure



Weather and Field Closure Information



Referee Abuse Reporting Form



Referee Evaluation



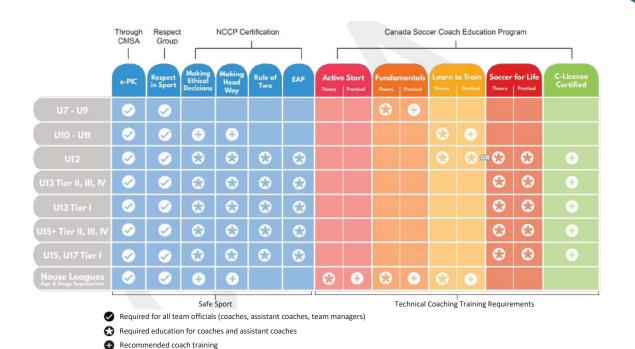
Issue and Complaint Reporting Form



**CMSA Policies** 

### **Coach Development**

### **Coaching Requirements**



Canada Soccer has moved to a two-part delivery for their Canada Soccer Grassroots coaching courses above. Part one is the theory component and must be completed before you register for part two. Part two is the practical component, check with CMSA for upcoming course offerings.

**CLICK HERE** 

# Additional Resources



**Pathway** 





CMSA
Technical
Culture Series

# **Coach Development**

Click on the box below for the age you are coaching. This will provide a better understanding of the training and certification needed to give our players a great experience, safe environment, and developmentally appropriate sessions.

CMSA has certian courses that coaches are required to complete to meet the Modified and Full Safe Sport Rosters requirements and to be in compliance with Canada Soccer. There are also additional suggestions for extra courses to enhance your knowledge as a coach.



U4 - U6 Active Start



U7 - U9 FUNdamentals



U10 - U12 Leart to Train



U13 - U19 Soccer for Life

## Safety and Concussion Resources

#### **CMSA Concussion Policy**

CMSA recognizes the risks and concerns of concussions and is taking action to prevent and manage head injuries with a mandatory concussion protocol for all youth teams. Team Officials are encouraged to review the policy.

**CLICK HERE** 

#### **Insurance Coverage**

Alberta Soccer covers its Members with Commercial General Liability, Sport Accident and Excess Travel (out-of-country is now a mandatory purchase) Insurance protection. Notice must be given within 30-days and written proof must be submitted within 90 days of the date a claim arises.

**CLICK HERE** 

### Standards for Quality Soccer - Safe Sport Modules

The following modules are recommended training for coaches/assistant coaches working with youth ages U3-U11 and mandatory for coaches/assistant coaches working with youth ages U12 and older. Respect in Sport is mandatory for ALL Team Officials (including team managers) at all ages and levels.





Making Headway



**Rule of Two** 



Emergency Action Planning



Respect in Sport

### **Schedules**

Schedules are available to the public on the CMSA website, as well as to team officials through your household account. You will receive a league specific email at the start of the season outlining what your league structure is, as well as indicating if your division has any exhibition games (league scheduled games whose results will not count towards the final standings). The CMSA website is mobile friendly, and you can access your household account through the My Demosphere app.

For U12 and younger teams, scores and standings are not posted to the website, but scores should still be entered into Demosphere.

For U13 and older age groups, the league winner will receive their league champion trophies at the end of the season.

Questions about practice schedules or team placement specifically? Reach out directly to your club who you registered with to become a team official.

#### **Alberta Soccer Provincials Championship**

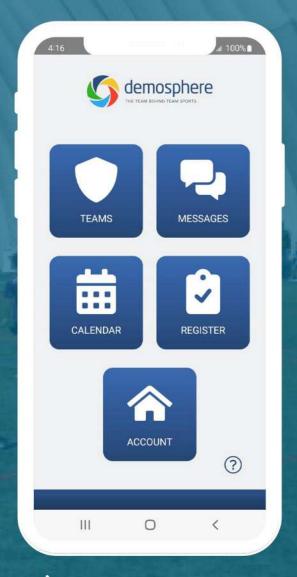
Qualification to the Alberta Soccer Association Provincial Championship has changed. There are 2 competitive pathways for teams to qualify.

#### Pathway 1 - League Standings

Tiers I, II & III will qualify one team through league play. The League Champion will proceed to ASA Provincial Championship. Tier IV will qualify two teams through league play. The League Champion and League Runner-up will proceed to ASA Provincial Championship.

#### Pathway 2 – Challenge Cup

Tier I, II & III will qualify a second team through Challenge Cup. Challenge Cup is a battle of the top 4 teams at the end of league play. The Challenge Cup Champion will proceed to ASA Provincial Championship.





Click on the phone above to download the app.

# Game Management

#### **Game Sheets and Scoring Games**

Game sheets will be available to print through the CMSA website using your household account login. Each team must print and provide one (1) copy of the official Demosphere game sheet for every CMSA league game to the referee. After the game, both teams take a photo of each game sheet for their records, and the referee will keep the hard copies for submission to CMSA. Please see page 49 of the CMSA Rules and Regulations for more details on game sheets.

It is the responsibility of team officials to report the game score in Demosphere within 24 hours, following the game.









#### **Tracking Yellow Cards**

It is the team's responsibility to keep track of U13-U19 yellow cards and sitting players accordingly (See CMSA Rules and Regulations "Offences", page 59):

- 3 yellows = 1 game suspension
- 5 yellows = 2 game suspension

### **CMSA Video Resources**

Click on any of the videos below to watch. These videos and more can be found on CMSA's Youtube Channel.



All About the CMSA Grassroots League (U7-U9)



Townhall Informational Series





U10 - U11 Initiatives to Prevent Lopsided Matches



Soccer Retreat Line Explained





CMSA's Teal Shirt Campaign (First Year Referees)